

# World Family Yoga's 6th Annual Return to Guaria de Osa's Paradise for 2010 Spring Break in

# COSTA RICA

with Peggy Profant &  
Christine McArdle-Oquendo

- Treat yourself and your family to a memorable eco-vacation at Guaria de Osa's retreat center nestled in a rainforest reserve along pristine beaches in the Osa Peninsula.
- Excellent surfing and snorkeling in warm tropical waters, hiking and horseback riding through majestic rainforest.
- Twice daily yoga sessions offered with Certified Anusara® instructor Peggy Profant. Full of inspiration and love for the practice, Peggy will lead the adults while the children are engaged in an enchanting, playful nature, theater and yoga program with Christine.

# April 3-10, 2010

Fresh organic meals, charming accommodations and twice daily yoga sessions.  
Airfare not included. Call Peggy 707.826.0239 or [peggy@worldfamilyyoga.com](mailto:peggy@worldfamilyyoga.com)

**Prices:** \$1275 for adults, \$850 for children per week.

**Early bird discount before December 15th!**

\$1200 for adults, \$800 for children

See our website for more information: [www.worldfamilyyoga.com](http://www.worldfamilyyoga.com)

